

Kim's 6 Step
Life Coaching
Method

love

THE GREATEST OF THESE...

humor

LAUGHTER IS THE BEST
MEDICINE

perspective

USE IT OR LOSE IT

failure

THE MOTHER OF SUCCESS

courage

IT'S NOT FOR THE FAINT OF
HEART

dreams

WITHOUT THEM THE FUTURE
TASTES BLAND

This is my Life Coaching in 2 pages. I hope it brings you some encouragement and serve as a reminder to Celebrate all aspects of your life! I would love to connect with you! Please find me at KimSteadman.com or join my free writer's club at WriteMoreWriteNow.com.

I'm Kim Steadman, your Lifter Upper! Join us for more training at KimSteadman.com/JoinNACWE

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dreams

WITHOUT THEM THE FUTURE
TASTES BLAND

*A life without dreams is empty and flat.
You'll burn out because of lack of a future.
What is a dream you have for your life?*

courage

IT'S NOT FOR THE FAINT OF
HEART

*The first move in making dreams a reality
is to have the courage to make the first
move. What can you do today to take a
first step towards one of your dreams?*

failure

THE MOTHER OF SUCCESS

*Failure will come. You must try again. Be
like a weeble. Weebles wobble but they
don't stay down. What's your plan for
when you meet failure face to face?*

perspective

USE IT OR LOSE IT

*The glass is either half full or half
empty. The choice is yours.*

humor

LAUGHTER IS THE BEST
MEDICINE

*Laugh when you don't feel like. And
of course, take a daily dose of
laughter because life is funny - God
does have sense of humor. Just look
at the platypus.*

love

THE GREATEST OF THESE...

*Everything you do should be done
with and for love. If you can't get to
the root of some type of love, then
start over.*